

RURFORD PRIVIARY SCHOOL AUTUMN/WINTER 2025



01/09, 22/09, 13/10, 10/11, 01/12, 05/01, 26/01

OPTION 1

OPTION 2

OPTION 3

VEGETABLES

DESSERT
WEEK 2

08/09, 29/09, 20/10, 17/11, 08/12, 12/01,

02/02 OPTION 1

OPTION 2

OPTION 3

VEGETABLES

DESSERT WEEK 3

15/09, 06/10, 03/11, 24/11, 15/12, 19/01, 09/02

OPTION 1

OPTION 2

OPTION 3

VEGETABLES

DESSERT

MONDAY

Cheese and Tomato
Pizza with Potato
Wedges

Cheese and Onion Parcel with Potato Wedges

Jacket Potato with Cheese or Baked Beans

> Sweetcorn Green Beans

Banana Marble Cake (Ve)

TUESDAY

Beef Bolognaise with Spaghetti

Macaroni Cheese

Jacket Potato with Cheese or Baked Beans

> Cauliflower Carrots

Anzac Biscuit with Apple Slices (Ve)

WEDNESDAY

Roast Chicken, Roast Potatoes and Gravy

Roast Quorn, Roast Potatoes and Gravy

Tomato Pasta (Ve)

Carrots Peas

Fruit Salad (Ve)

THURSDAY

Mild Chicken Curry with
Mixed Rice

Katsu Vegetable Noodles

Jacket Potato with Cheese or Baked Beans

> Broccoli Sweetcorn

Apple and Cinnamon Whirl (Ve) FRIDAY

Quorn Nuggets and Chips (Ve)

Jacket Potato with
Cheese or Baked Beans

Peas Baked Beans

Chocolate Cookie (Ve)

MONDAY

Chicken Nuggets with Potato Wedges

Cheese and Tomato Baguette Pizza with Potato Wedges

Jacket Potato with Cheese or Baked Beans

> Peas Carrots

Carrot Cake

TUESDAY

Pasta Carbonara

Cheese and Mixed Pepper Pitta with New Potatoes

Jacket Potato with Cheese or Baked Beans

> Sweetcorn Green Beans

Fruity Cookie (Ve) with Apple Slices

WEDNESDAY

Potatoes, Yorkshire
Pudding and Gravy

Roast Quorn with Roast Potatoes, Yorkshire Pudding and Gravy

Tomato Pasta (Ve)

Cabbage Carrots

Strawberry Jelly (Ve)

THURSDAY

Chicken and Vegetable
Pie with Mixed Rice

Sweet Potato and Chickpea Pasty with Mixed Rice

Jacket Potato with Cheese or Baked Beans

> Sweetcorn Broccoli

Plain Flapjack (Ve)

FRIDAY

Fish Fingers and Chips

Vegetable Goujons and Chips (Ve)

Jacket Potato with Cheese or Baked Beans

> Peas Baked Beans

Chef's Cookie with Fruit

Cher's Cookie With Fra

MONDAY

Ham and Cheese Pizza with Potato Wedges

Vegan Sausage Roll with Potato Wedges (Ve)

Jacket Potato with Cheese or Baked Beans

Carrots
Cauliflower

Shortbread with Peaches (Ve)

TUESDAY

Mild Beef Chilli and Mixed Rice

Mixed Bean Chilli and Mixed Rice (Ve)

Jacket Potato with Cheese or Baked Beans

> Sweetcorn Green Beans

Iced Lemon Sponge

WEDNESDAY

Pork Sausage with Roast

Potatoes and Gravy

Vegan Quorn Sausage with Roast Potatoes and Gravy (Ve)

Tomato Pasta (Ve)

Cabbage Carrots

Ice Cream with Fruit
Slices

THURSDAY

BBQ Chicken and Pasta

Vegetable Lasagne

Jacket Potato with Cheese or Baked Beans

> Broccoli Carrots

Vanilla Cookie (Ve)

FRIDAY

Salmon Fishcake and Chips

Cheese and Tomato
Pinwheel and Chips (Ve

Jacket Potato with

Peas

hocolate Cornflake













